



Session Registration Form

Name _____

Address _____

City/State/Zip _____

Phone _____

E-mail _____

Primary Coach: _____

Classes @ Motto McLean

“NEW” Ice Dancing Class/Wednesdays
8 Week Session-\$104.00 \$ _____

Rotation Plus a Few FS Moves Class/Thursday
7 Week Session-\$91.00 \$ _____

Classes @ Sidner

Rotation Plus a Few FS Moves Class
8 Week Session-\$104.00 \$ _____

Take Flight-Jump Out of Sight Jump Class
8 Week Session-\$80.00 \$ _____

Total Amount Enclosed: \$ _____

Payment:

Cash Check # _____
 Visa/MC AE Discover

Acct. #: _____
(\$50.00 minimum on all credit card purchases)

Zip Code: _____ Exp Date: _____

Signature: _____

Make checks payable to: Blade & Edge

Send Registration and Form of Payment to:

Blade & Edge FSC
7323 Manderson Street
Omaha, NE 68134
For questions, call @ 571-0779

Test Sessions 2010

Friday, October 29, 2010/Motto McLean

Friday, December 3, 2010/Motto McLean

Upcoming Competitions

St. Joe Competition
September 17-19, 2010
St. Joseph, MO

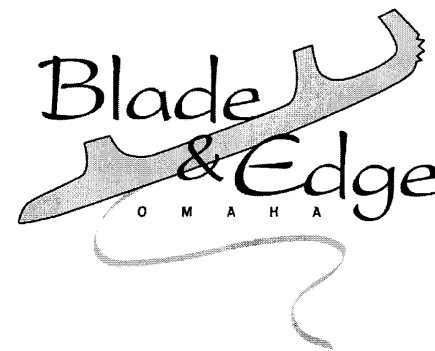
2011 Southwest Regional Championship
October 14-19, 2010
Colorado Springs, CO

Autumn Classic Basic Skills Competition
November 14, 2010
Sidner Ice Arena-Fremont, NE

Omaha Winter Festival Competition
February 23-27, 2011
Motto McLean Ice Arena

Spring Fling Basic Skills Competition
March 27, 2011
Motto McLean Ice Arena

For additional information
402.571.0779
www.BladeandEdgeFSC.com



Class & Ice Schedule 2010



September - October 2010

Freestyle Sessions

Morning Ice @ Motto McLean Ice Arena

Monday - Friday 5:30—9:00 am

Dates: Beginning September 7, 2010

Cost:

W/Coupons: \$9.00 per hour (one hour minimum)
\$4.50 for each additional half hour.

Walk-On: \$15.00 (1 hr min.)
\$22.50 (1 1/2 hrs.)

BE Morning Ice Coupons can be purchased at any club session or LTS. The cost is \$90.00

Afternoon Ice @ Motto McLean

Wednesdays 5:00—6:00 pm

Dates: September 8, 15, 22 & 29
October 6, 13, 20 & 27

Cost:

A BE Punch card can be purchased at any club session or LTS. The cost is \$120.00 for 10 punches.

W/Punch card: \$12.00 (1 hr min.)

Walk-On: \$15.00 (1 hr min.)

Group Classes at Sidner

Rotation Plus a Few FS Moves Class (On-Ice)

Tuesday Evening @ Sidner Ice Arena/Fremont YMCA 6:00-7:00 pm

Dates: September 7, 14, 21, 28
October 5, 12, 19, 26

Cost: 8 Week Session for \$104.00 (\$13.00 per class) or
Walk-on: \$15.00/CASH

This class will be divided into 3 segments; the first beginning with on-ice rotation including assorted spins. The second segment will be air rotation focusing on take-off, air-position and landing of jumps. The final segment will be freestyle moves that will enhance your skating to complete the choreography for a great program. Skaters must have passed USFS Freeskate 6.

Take Flight-Jump Out of Sight Jump Class (Off-Ice)

Tuesday Evening @ Sidner Ice Arena/Fremont YMCA 7:05-7:35 pm

Dates: September 7, 14, 21, 28
October 5, 12, 19, 26

Cost: 8 Week Session for \$80.00 (\$10.00 per class) or
Walk-on: \$15.00/CASH

Jump Class is designed to develop the basic technique of jumping. The class will assist the skater in the process of correct timing, increasing the height, durability and power of the jump. In addition to building a stronger athlete. This class is open to all levels of skaters.

Group Classes at Motto

"NEW" Ice Dancing Class (On-Ice)

Wednesday Evening @ Motto McLean Ice Arena 6:00-7:00 pm

Dates: September 8, 15, 22, 29
October 6, 13, 20, 27

Cost: 8 Week Session for \$104.00 (\$13.00 per class) or
Walk-on: \$15.00/CASH

This class will be introduce skaters to the world of ice dancing. Skaters will learn basic dance steps and work on a variety of exercises to help improve their over-all skating and be able to put learned steps into USFS ice dances. Skaters must have passes USFS Basic 8.

Rotation Plus a Few FS Moves Class (On-Ice)

Thursday Evening @ Motto McLean Ice Arena 6:00-7:00 pm

Dates: September (Skip 9), 16, 23, 30
October 7, 14, 21, 28

Cost: 7 Week Session for \$91.00 (\$13.00 per class) or
Walk-on: \$15.00/CASH

This class will be divided into 3 segments; the first beginning with on-ice rotation including assorted spins. The second segment will be air rotation focusing on take-off, air-position and landing of jumps. The final segment will be freestyle moves that will enhance your skating to complete the choreography for a great program. Skaters must have passed USFS Freeskate 6.

For additional information
402.571.0779
www.BladeandEdgeFSC.com

Blade & Edge FSC Coaching Staff

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