



OMAHA WINTER FESTIVAL



Basic Skills Competition
February 28, 2010



Motto McLean Ice Arena
5015 South 45th St
Omaha, NE 68117
402-444-4955

January 18, 2010 Entry Deadline

Hosted By:



*In Cooperation with the City of Omaha
Parks and Recreation Department*

Approved By:





Omaha Winter Festival Basic Skills Competition

Sunday, February 28, 2010

Eligibility

The purpose of this event is to promote a fun introduction to the competitive experience for the beginner skater. The Competition is open to ALL skaters who are current eligible (ER.100) members of either the Basic Skills Program and/or are full members of US Figure Skating or Skate Canada. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Basic Skills Program/Club or any other Basic Skills Program/Club. Eligibility will be based on skill level as of closing date of entries. **All SNOWPLOW SAM and BASIC SKILLS SKATERS THROUGH BASIC 8 must skate at highest level passed and NO official US Figure Skating tests may be have been passed including MIF or individual dances.**

Entries

Entries must be postmarked on or before **MONDAY, January 18, 2010**. Entries, to be considered timely received, must include the entry fee and all required signatures. Late entries (postmarked AFTER January 18, 2010) may be accepted at the discretion of the Local Organizing Committee (LOC) and only if accompanied by a \$25 late fee. Metered mail is not accepted as proof of postmark. There must be a minimum of two competitors in each event otherwise that event will be cancelled. Groups may be combined by age and gender at the discretion of the Competition Committee. The LOC reserves the right to limit entries in any event or to cancel an event based upon time restrictions. Full refunds will be given if a skater withdraws before the close of entries. There will be no refunds for any reason (including inclement weather) after the close of entries, except as provided by US Figure Skating Association Rule 3235. In the event of illness, entry fees will be refunded only when documented by physician and when competition officials are notified before the skater's event. Changes made after February 1 may not appear in the program. **Include a self addressed stamped envelope or e-mail address to receive your event and practice schedules. Also check for information on the web sites: www.bladeandedgefsc.org OR www.fscomaha.org after February 14, 2010.**

Entry Fees	First Event	\$35
	Additional Event	\$15
	Practice Ice	\$10 (20 minute session)

Facility

The Omaha Winter Festival will be held on a single ice surface at Motto McLean Arena, 5015 S. 45th St. (45th & 'P' St.), Omaha, NE. The ice surface is 85' by 200' with rounded corners. Bleacher seating for 500 is available as well as limited seating in the concession area. Concessions are offered daily. Two dressing rooms are available. Parking is adequate for 200 vehicles.

Registration

This event is scheduled for **Sunday, February 28, 2010**. The Registration Desk will be open for check-in beginning Sunday morning, February 28, 30-minutes prior to the first practice session. Please register promptly when entering the ice arena. Competitors must check-in with the Ice Monitor in the arena lobby and be **ready to skate at least 45-minutes prior to their scheduled event**.

Music

Only CDs will be accepted (**CD-R not CD-RW**). **Cassettes will NOT be accepted**. CDs must be clearly marked with the skater's name, event and running time. Each CD must have only one (1) track on it. If a competition CD is not clean and in a hard-sided jewel case or CD sleeve the CD will not be accepted by registration personnel. Competition CDs must be checked in at time of registration and will not be returned until the event has been skated. Back-up CDs should be readily available at all event times. **Music will not be played on practice ice**. Competition CDs may be picked up at the registration desk following each event. The Omaha Winter Festival LOC will not be responsible for any CDs left behind.

Practice Ice

One (1 only) Official Practice may be requested on the Entry Form in this packet. Practice session(s) will be held Sunday morning, February 28, 2010 before the competition begins. Practice ice is separate from registration fees. **YOU MUST SIGN UP FOR AN OFFICIAL PRACTICE SESSION ON THE BASIC SKILLS ENTRY FORM**. The price is \$10 for 20min. **No music will be played on practice ice**. Exact times for practice and warm-up will be available about mid-February. There will be a brief (3-4 minute) warm-up session prior to each event. No refunds will be given for missed practice ice sessions.

If time allows, limited additional practice ice may be available for purchase. You may call or email **Toni Lundak, 402-384-8358, btlundak@cox.net** with your pre-competition request for additional practice ice. Please indicate that your request is for Basic Skills Practice Ice.

Awards

Competitors for each event will be divided by age and, if possible, with no more than six competitors per group. All skaters will receive an appropriate award. Placements 1-3 will receive medals; 4-6 will receive ribbons. Awards will be presented off-ice at the

photographer's stand following each event. Skaters should be in skating costume and skates. All skaters in each group will be included in the award photo.

Photography and Video

An official competition photographer will be available to take individual and group award photographs as well as to videotape events. Photographs and video CDs may be purchased at their table. Hand-held video equipment is only permitted in the bleacher area and should be used to record only your skater. **NO VIDEO EQUIPMENT MAY BE PLUGGED INTO THE ARENA OUTLETS.** Flash photography is NOT allowed during competition events or warm-ups. The official photographer has instituted a **"NO PERSONAL CAMERAS"** policy. No personal photos of skaters may be taken against the awards backdrop.

Merchandise

Crew neck sweatshirts, long-sleeve and short-sleeve T-shirts are available to purchase. Please pre-order using the separate order form. You may enclose orders and include payment with your registration for the competition. A limited number of merchandise items will be available at the competition.

Accommodations

OFFICIAL HOTEL **Omaha Marriott >>**

SINGLE OR DOUBLE ROOM RATE \$75

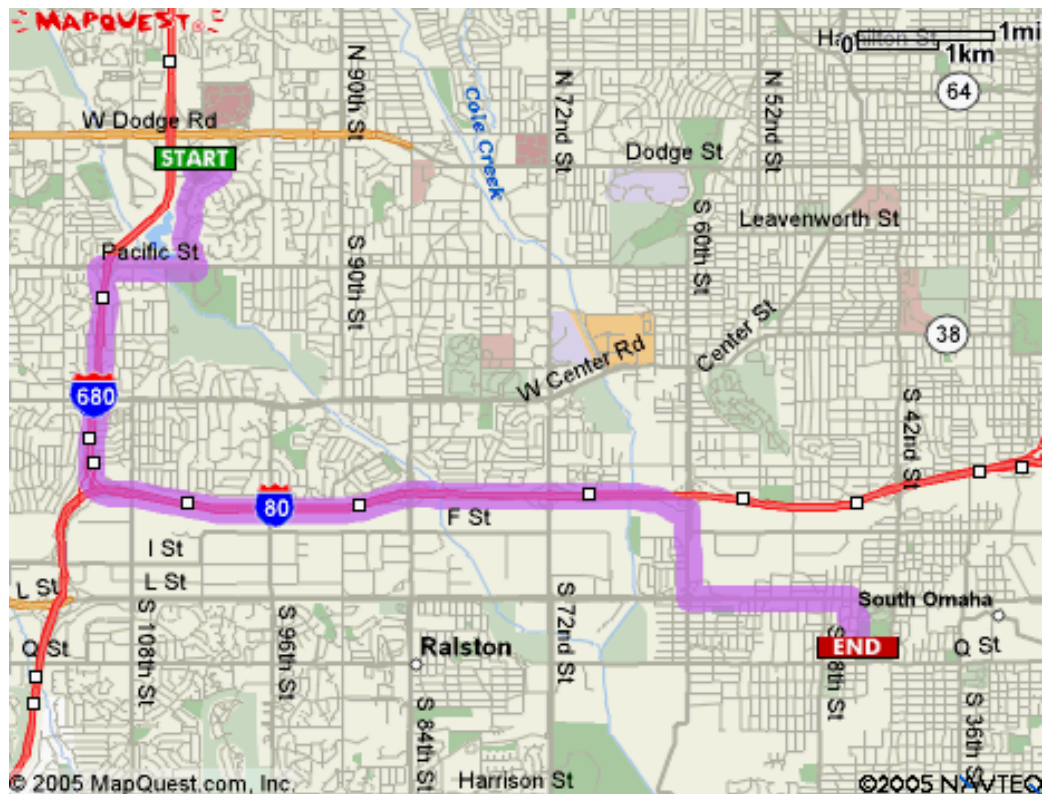
10220 Regency Circle Omaha, NE 68114
Phone (402) 399-9000
Fax (402) 391-6408

This includes a Continental box breakfast
 Distance to rink: 10 miles, 17 minutes

Use this link **Omaha Marriott >>** and enter your arrival date to begin the reservation process. A block of rooms will be held under "Omaha Winter Festival" until January 18, 2010. After that date, the special room rate cannot be guaranteed.



MAP FROM HOTEL TO RINK



CONTACT INFORMATION

General Information	Paula Turpen	402-397-5520	5turpens@cox.net
Registration	Sheila Bissell	402-733-6798	winterfest10@cox.net
Practice Ice	Toni Lundak	402-384-8358	btlundak@cox.net

BASIC ELEMENTS EVENT: SNOWPLOW SAM – BASIC 8

Format: Each skater will have the option to perform one element at a time in the order listed below (no excessive connecting steps) **OR** will perform each element when directed by a judge or referee.

- To be skated on 1/3 to 1/2 ice
- No music
- **All elements must be skated in the order listed**
- Time: 1:00 or less

LEVEL	REQUIREMENTS
SNOWPLOW SAM - Tots	<ol style="list-style-type: none"> 1. Forward march followed by a two-foot glide and dip 2. Forward two-foot swizzles – 2-3 in a row 3. Forward snowplow stop 4. Backward wiggles – 2-6 in a row
Basic 1	<ol style="list-style-type: none"> 1. Forward two-foot glide 2. Forward two-foot swizzles – 6-8 in a row 3. Forward snowplow stop 4. Backward wiggles – 6-8 in a row
Basic 2	<ol style="list-style-type: none"> 1. Forward one-foot glide – either foot 2. Forward alternating ½ swizzle pumps, in a straight line across width of ice 3. Two-foot turn in place – forward to backward 4. Backward two-foot swizzles – 6-8 in a row 5. Moving snowplow stop
Basic 3	<ol style="list-style-type: none"> 1. Forward stroking 2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise – 6-8 consecutive. 3. Moving forward to backward two-foot turn – either direction. 4. Backward one-foot glide – either foot. 5. Two-foot spin
Basic 4	<ol style="list-style-type: none"> 1. Forward outside 3-turn - R and L from a stand still. 2. Forward outside edge on a circle clockwise or counter clockwise 3. Forward crossovers – 6-8 consecutive in both directions 4. Backward stroking. 5. Backward snowplow stop – R or L.
Basic 5	<ol style="list-style-type: none"> 1. Backward outside edge on a circle clockwise or counter clockwise 2. Backward crossovers – 6-8 consecutive in both directions 3. One-foot spin – minimum of 3 revolutions. 4. Hockey stop – R or L. 5. Side toe hop – either direction.
Basic 6	<ol style="list-style-type: none"> 1. Forward inside 3-turn - R and L. from a standstill 2. Bunny hop 3. Forward Spiral on a straight line – R or L 4. Lunge – R or L 5. T-stop – R or L.
Basic 7	<ol style="list-style-type: none"> 1. Forward inside open Mohawk – R to L and L to R 2. Ballet jump – either direction 3. Backward crossovers to a back outside edge landing position - clockwise and counter clockwise 4. Forward inside pivot
Basic 8	<ol style="list-style-type: none"> 1. Moving forward outside or forward inside 3-turn – R and L 2. Waltz jump 3. Mazurka – either direction 4. Combination move – clockwise or counter clockwise – two forward crossovers into FI Mohawk, step behind, step into one back crossover and step to a forward inside edge 5. Beginning one-foot upright spin – optional free foot position

BASIC PROGRAM EVENT: SNOWPLOW SAM – BASIC 8

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified.

- To be skated on full ice
- Vocal music is allowed
- The skater may use elements from a previous level
- A .2 deduction will be taken for each element performed from a higher level
- Time: 1:00 +/- 10 seconds

LEVEL	REQUIREMENTS
SNOWPLOW SAM - Tots	<ol style="list-style-type: none"> 1. March followed by a two-foot glide and dip 2. Forward two-foot swizzles – 2-3 in a row 3. Backward wiggles – 2-6 in a row 4. Forward snowplow stop
BASIC 1	<ol style="list-style-type: none"> 1. Forward two-foot glide 2. Forward two-foot swizzles – 6-8 in a row 3. Backward wiggles – 6-8 in a row 4. Forward snowplow stop
BASIC 2	<ol style="list-style-type: none"> 1. Forward one-foot glide – either foot 2. Two-foot turn in place – forward to backward 3. Backward two-foot swizzles – 6-8 in a row 4. Forward alternating ½ swizzle pumps, in a straight line across width of ice 5. Moving snowplow stop
BASIC 3	<ol style="list-style-type: none"> 1. Forward stroking 2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise – 6-8 consecutive 3. Moving forward to backward two-foot turn in either direction 4. Backward one-foot glide – either foot 5. Two-foot spin
BASIC 4	<ol style="list-style-type: none"> 1. Forward outside edge on a circle clockwise or counter clockwise 2. Forward crossovers – 6-8 consecutive both directions 3. Forward outside 3-turn – R & L from a standstill 4. Backward stroking 5. Backward snowplow stop – R or L
BASIC 5	<ol style="list-style-type: none"> 1. Backward outside edge on a circle clockwise or counter clockwise 2. Backward crossovers – 6-8 consecutive in both directions 3. One-foot spin – min. of 3 revolutions 4. Side toe hop – either direction 5. Hockey stop
BASIC 6	<ol style="list-style-type: none"> 1. Forward inside 3-turn – R & L from a standstill 2. Bunny hop 3. Forward arabesque spiral on a straight line – R or L 4. Lunge – R or L 5. T-stop – R or L
BASIC 7	<ol style="list-style-type: none"> 1. Forward inside open Mohawk – R to L and L to R 2. Ballet jump – either direction 3. Back crossovers to a back outside edge landing position clockwise and counter clockwise 4. Forward inside pivot
BASIC 8	<ol style="list-style-type: none"> 1. Moving forward outside or forward inside 3-turns – R & L 2. Waltz jump 3. Mazurka – either direction 4. Combination move – clockwise or counter clockwise – two forward crossovers into FI Mohawk, step behind, step into one back crossover and step to a forward inside edge 5. Beginning one-foot upright spin – optional free foot position



OMAHA WINTER FESTIVAL INVITATIONAL – 2010

Basic Skills Competition BASIC SKILLS ENTRY FORM

Date _____

Name		Birth date (Must have)		
First:	Last:		Age:	Sex: M or F
Address:		City:	State:	Zip:
Telephone () -	US Figure Skating #	(Print clearly)		
		E-mail address:		
Highest Basic Skills Level Passed	Program Director / Class Instructor	Program / Club Affiliation		
Coach/Instructor:				
Address:		City:	State:	Zip:
Telephone () -		(Print clearly)		
		E-mail address:		

EVENTS ENTERED (mark with an X)

Basic Elements Event	X	Basic Free Skate Program	X
Snowplow Sam		Snowplow Sam	
Basic 1		Basic 1	
Basic 2		Basic 2	
Basic 3		Basic 3	
Basic 4		Basic 4	
Basic 5		Basic 5	
Basic 6		Basic 6	
Basic 7		Basic 7	
Basic 8		Basic 8	

Certification and Release

The Competitor is eligible to enter the events checked. It is agreed that the competitor and family holds the Omaha Winter Festival host clubs and Motto McLean Ice Arena harmless from any and all liability either during practice or the competition and from any and all liability for damages to or loss of property.

Full refunds will be given if a skater withdraws before the close of entries. Refunds after the closing date will be given only if an event is cancelled. There will be no refunds for any reason (including inclement weather) after the close of entries, except as provided by Rule 3235. In the event of illness, entry fees will be refunded only when documented by physician and when competition officials are notified before the skater's event.

Parent/Guardian Signature _____ Date _____

Competitor Signature _____ Date _____

Instructor/Coach Signature _____ Date _____

Program Director/Club Officer _____ Date _____

Entry Fees Please make checks payable to: **Omaha Winter Festival** (returned check fee \$25)

First Basic Skills Event \$35 = \$ _____

Second Basic Skills Event \$15 = \$ _____

Official Practice Ice
1- 20 minute session @ \$10 = \$ _____

Additional practice ice may be requested
(see Contact Information below)

Total = \$ _____

Mail Entry with Payment to: **Omaha Winter Festival c/o Sheila Bissell**
115 Valley View Dr.
Bellevue, NE 68005

POSTMARK DEADLINE FOR ENTRY: January 18, 2010.

Include a self addressed stamped envelope or e-mail address to receive your event and practice schedules. Also check for information on the web sites: www.bladeandedgefc.org OR www.fscomaha.org after February 14, 2010.

CONTACT INFORMATION

General Information	Paula Turpen	402-397-5520	5turpens@cox.net
Registration	Sheila Bissell	402-733-6798	winterfest10@cox.net
Practice Ice	Toni Lundak	402-384-8358	btlundak@cox.net

Office Use Only

Date Rcvd _____
Check # _____
Amount \$ _____
Needs _____

ADVERTISING ORDER FORM

All Ads EXCEPT Business Cards and the Skating Box Ads must be submitted camera-ready. Camera ready includes black and white or grey scale image files in JPG or PDF file formats of the final size to be printed. There is a \$20 additional charge for ads that are not camera ready.

I would like to order the following ad(s):

# of Ads	Location/Type/Price of Ad	Amount Due
_____	Inside Front Cover (\$120)	\$ _____
_____	Inside Back Cover (\$120)	\$ _____
_____	Full Page (\$100)	\$ _____
_____	Half Page (\$50)	\$ _____
_____	Quarter Page (\$25)	\$ _____
_____	Business Card (\$10)	\$ _____
_____	Skating Box Ads (\$10)	\$ _____
	Extra Charge NOT Camera Ready (\$20)	\$ _____
_____	TOTALS	\$ _____

Name _____

Address _____

Phone _____ Email (opt) _____

USE THIS SECTION TO ORDER SKATING BOX ADS SHOWN ON NEXT PAGE

Circle your choice(s): **A** **B** **C** **D**

MESSAGE TO BE ON ADVERTISEMENT: (PLEASE PRINT)

For additional ads, please indicate below or attach additional sheet:

Mail Order Form and Payment to:

**Omaha Winter Festival
Sheila Bissell
115 Valley View Dr.
Bellevue, NE 68005**

Office Use Only
Date Rcvd _____
Check # _____
Amount \$ _____



Go For It!

Your message here!

©Walt Disney Productions

A



Have a Great Skate!

Your message here!

B



To A Special Skater

Your message here!

C



You Can Do It!

Your message here!

D

OMAHA WINTER FESTIVAL CHECKLIST

- ___ ENTRY FORM
- ___ PAYMENT MADE OUT TO “OMAHA WINTER FESTIVAL”
- ___ ADVERTISING ORDER FORM AND PAYMENT
- ___ MERCHANDISE ORDER FORM

NOTE THAT ALL FORMS AND PAYMENTS ARE TO BE SENT TO THE ADDRESS BELOW:

OMAHA WINTER FESTIVAL
c/o SHEILA BISSELL
115 Valley View Dr.
Bellevue, NE 68005